

# Volunteering Students & Young People

Volunteering happens in different sectors, you can volunteer opportunities in the arts & media, events, community support, educational, health, social justice, aged, disability and many more.

**Below are some services that take on students and young people:**

## TRADES / MAINTENANCE

**Clean Up Australia** – Volunteer to participate in Clean Up Australia or other Clean Up projects.

<http://www.cleanupaustriaday.org.au/>

**Conservation Volunteers** - Conservation Volunteers welcomes people with a love of the outdoors and interest in the environment to get involved. Our volunteers include students, professionals, international visitors, retirees; in fact almost anybody can get involved. You don't need any prior skills or experience, just a reasonable level of health and fitness. <http://conservationvolunteers.com.au/get-involved/volunteer/>

**Inner West Council** has numerous programs that would be appropriate for students including bushcare, microbat monitoring, native plant nursery operations and field survey of local birds.

Volunteering on biodiversity projects greatly helps to protect and enhance important local natural areas. As the Inner West area is highly urbanised, the hard work of volunteers is vital in preserving local native vegetation and wildlife.

**Nurseries:** Council's plant nurseries collect seeds, propagate and sell plants that are native to specific areas in the inner west area, such as the banks of the Cooks River.

**Bushcare:** Council is partnered with various bushcare groups around the inner west area. These groups care for specific sites, maintaining vital native flora and fauna.

**The Mudcrabs Cooks River Eco Volunteers:** are a local community group which cares for The Cooks River and its foreshore environment by regularly collecting rubbish and restoring the bush along the river

**The Inner West Microbat Monitors** is a supervised volunteer group that meets for sunset surveys to collect data on microbats using high frequency recorders.

**Tempe Birdos** volunteers have recorded 110+ bird species since monthly surveying began in September 2011, at Tempe Wetlands and Reserve, a priority biodiversity area in the inner west.

**The GreenWay Birdos** meet fortnightly along the GreenWay (alternating between Dulwich Hill and Hawthorne Canal) to conduct surveys of birds in the local area and in particular around the bushcare sites.

Information including locations and meeting times can be found at the following location:

<https://www.innerwest.nsw.gov.au/live/environment-and-sustainability/wildlife-and-natural-areas/volunteering>

**Landcare** – Find a Landcare group in your area and get involved in tree-planting and other ways of looking after the land. <https://landcareaustralia.org.au/landcare-get-involved/>

**Strathfield Rotary Club, Graffiti Program** - The Rotary Club of Strathfield will try and eliminate existing graffiti in our local community and eventually make it graffiti free. Rotary Club of Strathfield needs Volunteers to help with Rotary's "Graffiti Removal Project", which comprises a purpose build box trailer, complete with water blaster and graffiti removal consumables. Volunteers would work in conjunction with Strathfield Rotarians (perhaps twice a month on a roster/rotation basis).

**Contact details:** Peter Smith; M: 0412 232 753; E: [selectedfinance@optusnet.com.au](mailto:selectedfinance@optusnet.com.au)

<http://www.strathfieldrotary.org.au/graffiti/graffiti.htm>

## HEALTH

**Heart Foundation** – Volunteer opportunities include the annual Door Knock Appeal, event organisation and participation, and project work for students. <http://heartfoundation.org.au/get-involved/volunteer>

## COMMUNITY SUPPORT

**Australian Red Cross** - We have volunteering opportunities within our Telecross program at the Australian Red Cross. The Telecross program supports older Australians and people with an illness or disability, live independently and remain connected with their community through free daily phone calls to check on their wellbeing. If the call goes unanswered, Red Cross initiates an emergency procedure and arranges help if required.

<https://www.redcross.org.au/volunteer>

**Burwood Youth Advisory Group (Byag)** - is a group of young people organising youth programs by involving young people in the community and raising awareness and recognition of talents that many young people have. BYAG members receive training to gain professional event management, coordinator, and project development and communication skills. BYAG is about young people working with the community.

**Contact details:** Miriam Wassef; P: 9911 9886, E: [miriam.wassef@burwood.nsw.gov.au](mailto:miriam.wassef@burwood.nsw.gov.au)  
[http://www.burwood.nsw.gov.au/young\\_people.html](http://www.burwood.nsw.gov.au/young_people.html)

**Blind Golf NSW** - The Blind Golf NSW is an independent organisation established to coordinate and promote the sporting and recreational interests of blind men and women of all ages. The Blind Golf NSW is seeking Volunteer Golf Guides to assist Vision Impaired Golfers from tee to green. This will vary upon the amount of Vision Impairment each golfer has ranging from ball spotting right down to club placement for totally blind players. Barnwell Park Golf Course, Five Dock, Saturday – 11am to 4pm

**Contact details:** Jenny Abela; P: 0418 414 705; E: [jaabela@bigpond.net.au](mailto:jaabela@bigpond.net.au)  
W: <http://www.blindgolf.com.au/>

**Exodus Foundation** – (We allow volunteers between 14 and 18 here with a guardian).

Every year, more than 1000 dedicated individuals, schools, community groups and corporate organisations donate their time and expertise to make a real difference to the lives of the homeless and at-risk in our community.

- Preparing and serving meals in our free Loaves and Fishes Restaurant and at our mobile food service in Sydney's CBD.
- Providing support and referral services to our guests and those at-risk during meal service delivery.
- Providing valuable administration assistance.
- Providing an extensive range of professional Social Health and Wellbeing Services to those clients who have trouble accessing mainstream services.
- Providing Exodus with professional advice and support.

<https://www.exodusfoundation.org.au/make-a-difference/volunteering/>

**Sailability Dobroyd** sails from Rodd Point every second Sunday from September to May. We can be found at the Dobroyd Aquatic Club, Rodd Point (via Henley Marine Drive), Five Dock NSW 2046.

Sailability NSW Inc is a program available at some sailing clubs that offers an additional level of support, an established network of volunteers, and equipment to assist people of all-abilities to get into sailing. They are seeking Volunteer Boating Assistant to join their team to assist in the activity of sailing to enrich the lives of people of all abilities – the elderly, the financially and socially disadvantaged as well as people with physical challenges.

Volunteers help disabled people and their families to sail to the best of their ability. We sail in stable and unsinkable Hansa Dinghies.

**Rig and launch the boats:** Fit safety Jackets, Help our members in and out of boats, Fit slings and operate the hoist, Help our members to sail to the best of their ability, Sign up new members and sign on volunteers, Schedule the crews of the dinghies and the support boat, Run the BBQ and organise the provisions, Last but not least, socialise and have fun

- Must obtain a free Working with Children's Check
- Training will be provided on how to sail the dinghies and how to operate the sail boat

Contact details: Rob Domone, P: 9874 3642; M: 0458 234 559; E: [rdomone@bigpond.com](mailto:rdomone@bigpond.com)  
W: <http://www.sailabilitynsw.org/welcome.aspx?clubid=10>

**Exodus Youth Worx** – Exodus Youth Worx is a diverse youth community, which aspires to empower young people through a holistic approach to everyday living. Exodus Youth Worx offers fellowship and guidance through various activities that provide youth with a positive and constructive network and environment. We offer services that support and encourage emotional, physical, mental, social and spiritual growth through the teachings of Christ.

- Monday: Connect meeting from 7pm to 11pm where we have a theme to discuss or guest speaker, plus free dinner and casual chatting with everyone.
- Wednesday: WOW program where a mentor takes the YP out to dinner or a fun activity, which is usually from 5.30pm – 7.30pm
- Thursday: Art therapy class from 5.30pm

2/440 West Botany Street, Rockdale  
<https://exodusyouthworx.org.au/>

**Sydney Multicultural Community Services** - Sydney MCS recruits, trains and supports volunteers to visit with an eligible resident either in an aged care facility or at home. The volunteer community visitor is matched with a community resident according to language and cultural backgrounds and possibly other interests.

- All volunteers must have a police check and complete 6 modules of online training (which takes approximately 30 mins to complete)

3 General Bridges Crescent, Daceyville  
[www.sydneymcs.org.au](http://www.sydneymcs.org.au)

**The Smith Family** - From volunteering in one of our retail stores to holding your own fundraising event or running the famous City2Surf to raise money for us, there are lots of ways to get involved.  
<https://www.thesmithfamily.com.au/get-involved>

**Mission Australia** - Mission Australia is blessed to work with thousands of people from all walks of life who selflessly donate their time and talents to help Australians in need. Among our volunteers are retirees, students, people wishing to make friends and develop new skills, and men and women who have been supported through tough times and want to 'pay it forward' in the community.  
<https://www.missionaustralia.com.au/support/volunteer#sthash.BsUQzYKr.dpuf>

## **WORKING WITH ANIMALS**

**Taronga Zoo** – Teens participate in a variety of activities both inside and outside of the Zoos, throughout all school holidays and occasionally during the school term. Participants get the opportunity to learn about many aspects of our Zoos, while the Zoos benefit from having access to a group of young people with energy, motivation and a genuine interest in animals.  
<https://taronga.org.au/get-involved/volunteers>

**RSPCA** - Volunteers are an integral part of the RSPCA NSW team. They play an active and vital role in helping to support our work to improve the welfare of animals, and protect them from cruelty and neglect. Volunteering involves commitment, dedication and passion. It's a fantastic way to meet new people and be directly involved in the animal welfare cause.  
<https://www.rspcansw.org.au/get-involved/become-a-volunteer/>

## FUNDRAISING / EVENTS

**Daffodil Day** - One way you can show you care about beating cancer this Daffodil Day is to volunteer your time to help sell Cancer Council's merchandise.

<https://www.daffodilday.com.au/volunteer/>

**Red Shield Appeal** – Recruit a group of doorknockers from your school, or organise a mufti day and collect donations for the Red Shield Appeal at the same time! The Red Shield Appeal is The Salvation Army's primary annual fundraising drive. The Red Shield Appeal Doorknock takes place on the weekend of 25 & 26 May 2019, and it offers Australians from all walks of life a chance to not only get behind the Salvos but to be part of transforming the lives of people right around the country.

W: <https://www.salvationarmy.org.au/get-involved/red-shield-doorknock/>

**Vision Australia** - At Vision Australia we have more than 4,500 volunteers and support approximately 50,000 people who are blind or have low vision - we rely heavily on the funds from generous donations and fundraising efforts.

<https://www.visionaustralia.org/get-involved/volunteer>

## TUTORING / MENTORING

**SPARK** - Bright Sparks Learning Club, the tutoring role would be great for the youth who are approaching you. Please just let them know they we are looking for a commitment of two school terms, one day a week. SPARK is an after-school program that provides educational, community and social support to newly arrived children and families of refugee backgrounds in selected primary schools

*Please consider the following for this role:*

- Can you commit for at least two school terms? Our programs usually run between 6 to 8 weeks in each school term
- Can you travel to Fairfield, Liverpool or Guildford?
- Our programs are scheduled on specific days each week, Guildford and Liverpool on Mondays, Fairfield and Liverpool West on Thursdays
- Sessions are from 3:00 to 4:30pm

<https://spark.vinnies.org.au/get-involved/volunteer/>