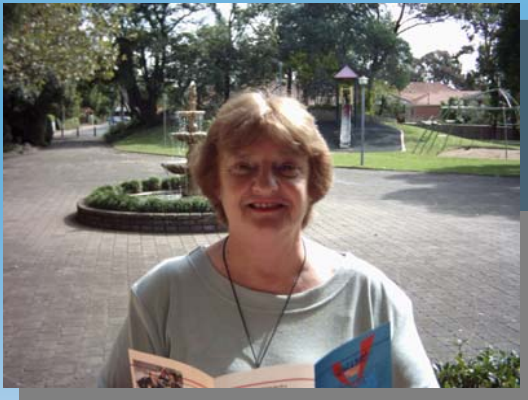


## Your free time is precious when you give it away

*Don't think that what you have to offer is not enough.* Whatever your situation, volunteering is an opportunity to show you care about your community. As little as two hours a month can make a huge difference. People like you, are spending time assisting people with disabilities, the aged and providing relief for their carers.



Through volunteering you can become part of a team, sharing positive experiences with your new friends, other volunteers and staff. You'll meet new people, while at the same time learning about yourself.

## Your gift of time

All of our voluntary services assist the elderly, or people with disabilities and their carers, to live in their homes. Services you can join include:

- Meals on wheels
- Shopping assistants
- Home visiting
- Gardening
- Clerical / Reception work
- Recreational activities
- Driving a bus or car (transporting people to Appointments & Shopping & M.O.W.)
- Companion for appointments
- Handyman
- Respite care
- English and Internet Tutoring

Through volunteer service you can contribute to helping others maintain a sense of dignity and autonomy.



## Take advantage of this opportunity to use your skills and talents and develop new ones

*As part of the volunteer team you can:*

Use some or all of your free time to get out and mix with others, developing your interests and talents.

Gain new skills and experience for your future career or re-entry into the workplace.

Take a break away from a hectic work routine.

Donate your years of knowledge and experience after retirement and give support to others.

*Fellowship... good times ... meeting people...  
building lasting friendships... service to the  
community... learning new skills... and personal  
development—these are just some of the good  
things about being a volunteer.*



Volunteer Network is a volunteer program for people wishing to become actively involved in the local community.

We can help you find a rewarding volunteer position within the community service organisation of your choice.

Your gift of time will be used to help older people and those with disabilities live independently and comfortably in their homes. You can choose when and where you work, within the Inner West Area.

**Volunteer Network** is a volunteer resource program funded by HACC and auspiced by Burwood Council for people wanting to give their time, skills and experience to make a difference in their local community

### What is the next step to become a volunteer?

Contact Volunteer Network to arrange an interview. At the interview, we discuss your needs, interests, skills and available times, and match these with a suitable volunteer position. Once you have started volunteer work, we offer you further support, information, advice and training opportunities.

You can find VOLUNTEER NETWORK at:  
**Woodstock Community Centre**  
22 Church Street BURWOOD 2134  
POSTAL: P.O. Box 240 BURWOOD NSW 1805  
Telephone: (02) 9911 9855  
Fax: (02) 9747-5057  
Email: [volnet@burwood.nsw.gov.au](mailto:volnet@burwood.nsw.gov.au)  
Website: [www.volunteernetwork.org.au](http://www.volunteernetwork.org.au)



Volunteer Network takes comments and complaints about our organisation seriously. Your comments and complaints are seen as an opportunity to improve the services we provide. To make a complaint or comment about our service or if you would like information about our complaints policy contact the Coordinator on 9911 9855  
or  
Email: [michael.collisson@burwood.nsw.gov.au](mailto:michael.collisson@burwood.nsw.gov.au)

Department of Ageing, Disability & Home Care under the Home and Community Care (HACC) Program provides funding to Burwood Council for the Volunteer Network Program



# Volunteer Network

Phone: 9911 9855

[www.volunteernetwork.org.au](http://www.volunteernetwork.org.au)

