

## Interested in becoming a volunteer?

Contact **Volunteer Network** to arrange an interview. At the interview, we discuss your needs, interests, skills and available times. We then match these with a suitable volunteer position. Once you have started volunteer work, we offer you further support, information, advice and training opportunities.

You can find **Volunteer Network** at:  
Woodstock Community Centre  
22 Church Street Burwood 2134

**post:** P.O. Box 240 Burwood NSW 1805

**phone:** (02) 9911 9855

**fax:** (02) 9747 5057

**email:** volnet@burwood.nsw.gov.au

**website:** www.volunteernetwork.org.au



**Volunteer Network** takes comments and complaints seriously. To make a comment or complaint about our service or if you would like information about our complaints policy contact the Coordinator on (02) 9911 9855.

**BURWOOD COUNCIL**

heritage ■ progress ■ pride



Volunteer Network is a volunteer resource program funded by the Department of Ageing, Disability and Home Care under the Home and Community Care Program and auspiced by Burwood Council.

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**Volunteer NETWORK**  
*Lend a Hand*



Phone: (02) 9911 9855  
[www.volunteernetwork.org.au](http://www.volunteernetwork.org.au)

*Whatever your situation, volunteering is an opportunity to show you care about your community.*

### Your gift of time

All of our voluntary services assist the elderly or people with disabilities and their carers, to live in their homes. Services you can join include:

- Meals on Wheels (MOW)
- Shopping assistants
- Home visiting
- Gardening
- Clerical / Reception work
- Recreational activities
- Driving a bus or car (transporting people to appointments, shopping and MOW)
- Companion for appointments
- Handyman
- Respite care
- English and Internet Tutoring

### Volunteers benefit the community by providing:

- A catalyst for positive change
- Time
- Skills
- Experience
- Service
- Care

*Please don't think that what you have to offer is not enough. As little as two hours a month can make a huge difference.*

### Volunteering can benefit you by providing:

- A sense of satisfaction
- An environment to learn new skills
- A chance to make new friends
- An opportunity to use skills, experience and knowledge to help others improve their quality of life
- Work experience
- Increased self esteem

*"Your free time is all the more precious when you give it away."*

Design & photography: Nick Tantara



**Volunteer NETWORK**  
*Lend a Hand*

*Volunteer Network is an organisation for people wishing to become actively involved in the local community.*

*We can help you find a rewarding volunteer position within a community service organisation of your choice.*

*Your gift of time will help older people and those with disabilities live independently and comfortably in their homes.*

*You can choose when and where you work, within the Inner West Area.*